





This is the third week of National Preparedness Month, a time to remember, a time to prepare!

Are you prepared for an emergency? Review the following questions below to see if you are prepared. If you don't know the answer to some of the questions, call the City's Office of Emergency Services at 805-564-5711 for tips and resources that can help you, your family, and your community become *Ready!* 

- Does your local government have an emergency or disaster plan for your community? If so, do you know what it is or where it is?
- Do you know how to find the emergency broadcasting channel on the radio?
- Does your city/county have an emergency alert system? Is so, are you signed up to get alerts?
- Do you know two evacuation routes identified in case you have to leave quickly? How would you get out of town from work? How about from home?
- In the last year, have you prepared or updated your Emergency Supply Kit with emergency supplies like water, food and medicine that is kept in a designated place in your home?
- In the last year, have you prepared a small kit with emergency supplies that you keep at home, in your car or where you work to take with you if you had to leave quickly?
- In the last year, have you made a specific plan for how you and your family would communicate in an emergency situation if you were separated?
- Are you prepared to help your neighbor? In most emergencies, the best way to get help quickly is by working with your neighbors. Do you know anyone in your neighborhood who might need a little extra help preparing for or responding to an emergency?
- Have you established a specific meeting place for your family to reunite in the event you and your family cannot return home or are evacuated?
- In the last year, have you practiced or drilled on what to do in an emergency at home?
- In the last year, have you volunteered to help prepare for or respond to a major emergency?
- Have you taken first aid training such as CPR in the past five years?
- Do you know about the City's CERT program?